



**WIRED COMMUNITY GROUP:
CARDIFF ACTION for SINGLE HOMELESS
(C-A-S-H)**

HISTORY

C.A.S.H is a registered charity comprising of a Day Centre, Emergency Bed Unit, and Supported Houses offering a wide variety of support and resettlement options in the community.

Citizens of Cardiff formed us in 1989 when the Cardiff Cyrenians were no longer able to provide Day Centre facilities for homeless people. Temporary accommodation was set up with the former South Glamorgan County Council and many other funders.

The Huggard Centre consisting of a Day Centre and Emergency Bed Unit was formed in 1993 with funding from the Huggard Charitable Trust, Housing for Wales and the Local Authority.

OUR MISSION

C.A.S.H was founded to meet the needs of vulnerable people, who are not only homeless but often find themselves in a despairing and isolated position, by providing an opportunity of Shelter and Sanctuary within the ethos of friendship and care so as to enable them to take the first steps in their rehabilitation. We accept people as they are, as fellow men and women whose human dignity deserves respect even when obscured by poverty and addiction.

C.A.S.H operates an 'Open Door' policy recognising that some provision MUST be made to accommodate the most vulnerable and socially excluded people who will not be acceptable for admission to standard Hostel or other accommodation for homeless people by reason of their current mode of living which may result from drug abuse, alcoholism or mental illness etc.

WHAT DOES C.A.S.H PROVIDE?

The Day Centre

The Day Centre is open from 9am to 9pm (8pm Sat/ Sun) 7 days a week, 365 days a year. The philosophy of the Day Centre is to support people through crisis, to advocate on their behalf and to help them find confidence and hope for a better future. We operate an 'Open Door' policy and our aim is to turn no-one away.

The Day Centre provides:

- A free meal of soup and bread for people without money
- A cooked meal at cost price for people who can pay
- Washing and showering facilities
- A laundry service
- A clothing store
- Food parcels consisting of tinned goods
- Access to a General Practitioner
- Weekly visits from a Practice Nurse
- Access to mobile Chiropody and Dentals services
- Access to Social Workers, Housing Advice Workers and Outreach Workers.
- Referrals to other agencies
- On site access to "Inroads" substance misuse service.

The Emergency Bed Unit (EBU)

The EBU consists of 20 bedrooms and 2 shared lounges. Rooms are let directly to clients and referrals are not required to access the facility. Each service user is given a single room and is allocated two Key Workers. The EBU is vacated each morning at 9 am and is re-opened at 5pm.

C.A.S.H. Houses

Cash run 12 supported accommodations in and around the city of Cardiff comprising of 43 bed spaces. Each tenant is allocated a support worker and the aim of the project is to support tenants in a shared living environment preparing them to live independently in the community.

Winter Night Centre

During the colder months, November to March, our Day Centre re-opens at 10pm each night to allow up to 12 people to use the centre, people who would otherwise be sleeping rough. Priority is given to couples and to people with dogs.

The User Development Programme

Our client group is possibly the most socially disadvantaged group in society. Typically they will have or have had limited access to educational, training and leisure facilities.

The User Development Programme is an attempt by CASH to redress this imbalance making these facilities more accessible to our service users.

The programme offers a range of activities aimed at stimulating client's interest, improving client's health and well-being, building confidence, building self esteem and hopefully highlighting alternatives to alcohol and drugs in terms of enjoyment and recreation.